# **HEALING PRAYER**

# THROUGH RENEWAL OF BAPTISMAL VOWS

# Lord Jesus Christ,

through this sign of the cross, cover us all, our families and our possessions with Your love, Your power and Your Blood, so that the enemy cannot harm us:

# + In the Name of the Father and the Son and the Holy Spirit. Amen.

Jesus,

I ask You for forgiveness for all sins of my ancestors, parents and relatives. I surrender them to You on the cross, and on behalf of my ancestors, parents and relatives I forgive all those who have hurt them. In the same way, I ask for forgiveness for all my own sins, and I firmly resolve to forgive all those who have hurt me. May Your Precious Blood purge me from all my sins and deliver me from the bonds of non-forgiveness, of curses and sins.

# In the Name of Jesus,

through the Blood which He has shed, through His five Sacred Wounds, upon the intercession of Virgin Mary, the Immaculate Conception, who crushed the serpent's head, upon the intercession of St. Joseph and St. Michael the Archangel, I renounce Satan, all his works and all his temptations!

# In the Name of Jesus

I renounce any spirit of impatience and anger; any spirit of aversion, all restrained grudge and all aggression; all wrath and hatred; any spirit of judging and condemning, of accusation, of dispute, of unforgiveness and bitterness!

# In the Name of Jesus

I renounce any spirit of discouragement and sadness; of melancholy and loneliness; of failures and frustration, of distrust of the love of God and the love of neighbour; of self-rejection and self-condemnation!

# In the Name of Jesus

I renounce any spirit of fear, fear of Satan, fear of people, animals and things, fear of the future, of disease and of death; fear of heights and darkness; fear of accidents and disasters, the fear of losing a beloved person; the fear of losing my reputation and my prestige; the fear of speaking in public and to witness the gospel of Jesus!

# In the Name of Jesus

I renounce the spirits of inferiority complexes and self-pity: of false conern, of tension, of panic and shock, of trauma, of illness and of death!

In the Name of Jesus

I renounce any spirit of jealousy, of envy and spitefulness as well as laziness; of pretending false facts and of exaggeration!

# In the Name of Jesus

I renounce the spirit of emotional and mental instability; of self-distruction, of despair and suicidal thoughts!

In the Name of Jesus I renounce the spirit of revenge: any wish of failure and death of one of my brothers and sisters; any injustice and embarassment of people, any slander, lie and defamation!

#### In the Name of Jesus

I renounce the spirit of rebellion against God and His holy will, any rebellion against my brothers and sisters and against myself, if I do not accept my weaknesses!

#### In the Name of Jesus

I renounce the spirits of greed for money, greed for possessions, things and persons; any spirit of materialism and consumption: any spirit of stealing and looting!

#### In the Name of Jesus

I renounce the spirits of immoderateness, of addiction to alcohol, nicotine, tobacco, drugs, gambling and the internet!

#### In the Name of Jesus

I renounce any spirit of the use of offensive language and bad jokes; any spirit of unchaste practices and lust; any spirit of sexual masturbation and fornication; any spirit of prostitution and adultery; any spirit of orgies and hedonism!

Compilation from source texts by Fr. James Mariakumar, Sr. Mary Usha and an unknown priest from England

# In the Name of Jesus

I renounce all pornographic magazines and films, all literature, any film and any music, which contradict the gospel of Jesus; any spirit of secularism and a non-Christian lifestyle, of sensuality and false pleasure!

# In the Name of Jesus

I renounce the spirit of pride, of pretentious arrogance, of self-righteousness, of prejudice, of unhealthy competition, of vain self-glorification, of comparing oneself and of bias!

# In the Name of Jesus

I renounce the spirit of idolatry, of witchcraft and sorcery, of black and white magic, all spiritistic activities, surgeries, treatments and medications; all objects of superstition, of occultism, the New Age movement and all the powers of the evil, which have thus taken possession over me (e.g. through worshipping of false gods, because of visits to non-Christian places of worship, through astrology, clairvoyance, numerology, Channelling, preparation of horoscopes and chiromancy, necromancy and the use of lucky charms, tarot cards and mandalas, pendulum dowsing, Yoga, Zen-meditation, Reiki, chakras, table moving, Bach Flowers, I Ching, automatic writing and spiritual healings, spiritual healers, through past life regression, through keeping occult objects in the house and through similar esoteric and occult practices)!

# In the Name of Jesus

I renounce the spirit of disbelief, of sacrilege and atheism, of doubt, of unwillingness to pray, go to church and read the bible!

In the Name of Jesus

I renounce all curses, maledictions and all bonds which have ever been expressed to hurt my family, and I revoke all bonds and curses that I myself have spoken against me or others!

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### Jesus,

I choose you as My Lord and God, as My Saviour and Redeemer. To You I surrender my life! In You I believe! In Your Word I trust! It is You who I love and You to whom I will be faithful!

#### Jesus,

now heal my negative emotions and all wounds of my heart and my mind. Please send the sword of Your Holy Spirit, to cut and break all curses, witchcraft, Vodoo, sorcery and everything negative which is genetic or cross-generational, addictions and dependencies – in the past, the present and the future – against my person, my relationships and family, my finances, possessions, vehicles, my work and leisure.

#### Jesus,

wash me with Your Precious Blood, particularly my heart, my unconscious mind, my subconscious mind and my conscious thoughts, my conscience, my memory, my memories and imaginations, my emotions, my mind and my will.

#### Jesus,

wash me with Your Precious Blood. Wash my brain, my nervous system, the blood in my veins, my flesh, my bones and my inner organs.

Jesus,

wash me with Your Precious Blood. Wash my eyes, my ears, my nose, my tactile sense, my mouth and my tongue, my hands, feet, my entire self.

Send me Your Holy Spirit from the Heavenly Father, the Spirit of Truth, the Spirit of Holiness.

# God, Holy Spirit,

give me your seven gifts: wisdom, understanding, counsel, fortitude, knowledge, piety, fear of God. Fill me with your fruits: with love, joy, peace, patience, kindness, goodness, longanimity, gentleness, faithfulness, modesty, self-control and chastity. And annoint me with the charismatic gifts to build up the Christian community to the honour of God the Father.

#### Amen.

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